

# Parish of St John the Baptist & St Kentigern

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 37 St Ninian's Road  
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 26 Parkgrove Avenue  
 Edinburgh, EH4 7QR

## Sunday 05<sup>th</sup> July

### 14<sup>th</sup> Sunday Ordinary Time

Year – A

A warm welcome to Mass today!

Parish Offertory donations can now be made online. Scan the QR code to go to the parish online giving page. Please Gift Aid if you can. Thank you so much! About to make/change a Will? Have you considered leaving a legacy to your parish?



Sat. 04 July 14 <sup>th</sup> Sunday Ordinary Time (Vigil)	4.30pm Adoration 6.00pm Mass	St John	The Haughian Family Sp. Int.
Sunday 05 14 <sup>th</sup> Sunday Ordinary Time	9.30am Mass	St Kent	Kathleen O'Donnell RIP
	11.30am Mass	St John	People of God
Mon. 06 July 14 <sup>th</sup> Week OT	<i>No public Mass</i>		
Tue. 07 July 14 <sup>th</sup> Week OT	6.00pm Adoration 6.30pm Mass	St Kent	Jimmy O'Connor, GE
Wed. 08 July 14 <sup>th</sup> Week OT	9.30am Mass	St John	Ann Malone RIP
Thu. 09 July Our Lady of Aberdeen, Feast	9.30am Mass	St Kent	Donald Macleod & Connor Killen RIP
Fri. 10 July 14 <sup>th</sup> Week OT	6.00pm Adoration 6.30pm Mass	St John	Krystina Karp Sp. Int.
Sat. 11 July St Benedict, Feast	9.30am	St Kent	Sp. Int. of Sr. Juliet FDCC
Sat. 11 July 15 <sup>th</sup> Sunday Ordinary Time (Vigil)	6.00pm Mass	St John	Sp. Int. of the Donor
<i>Confessions – on request at any time, as well as:</i>	10.00am-10.30am – Saturdays	St Kentigern's	
	5.15pm-5.45pm – Saturdays	St John the Baptist	

My Dear People of God, Jesus speaks words that have comforted countless hearts through the centuries: "Come to me, all you who labour and are burdened, and I will give you rest." These are not merely beautiful words; they are a personal invitation from the Lord to every weary disciple.

Many people carry hidden burdens. Some struggle with illness, grief, family conflicts, financial worries, loneliness, or anxiety about the future. Others carry spiritual burdens—the weight of guilt, disappointment, or the feeling that they are never good enough. Jesus sees every burden, even those that no one else notices. He does not ask us to carry them alone. Instead, He invites us to come to Him with trust.

Jesus also says, "Take my yoke upon you and learn from me, for I am gentle and humble of heart." At first, a yoke may seem like another burden. Yet Christ's yoke is different. It is the yoke of love, forgiveness, humility, and obedience to the Father's will. When we are united with Him, He carries the heavier side of the yoke. What seemed impossible becomes bearable because we no longer walk alone.

Our world often tells us that success, wealth, or power will bring peace. Yet Jesus reveals that true wisdom belongs to the humble and that real rest is found in a relationship with Him. The peace He offers is not the absence of difficulties but the assurance of His presence in every trial.

As we gather around the Eucharistic table today, let us place our burdens before the Lord. Let us surrender our fears, our worries, and our disappointments. May we also become instruments of Christ's gentleness by offering encouragement, compassion, and hope to those around us.

May this week we accept Christ's invitation, walk beside Him, and discover that His yoke is indeed easy, His burden light, and His love stronger than every cross we carry. Amen.

Fr Binu Palakapally IC



**PLEASE PRAY FOR:**

- The sick and the housebound of the parish: that the Lord will grant them healing, comfort and strength.
- All those who died recently, especially for Richard Moore, Katheleen O'Donnell and those whose anniversaries occur at this time, and those who have no-one else to pray for.

**PETER'S PENCE:** The annual collection for Peter's Pence will take place this Weekend

**ST KENTIGERN'S 60TH ANNIVERSARY:** We are hoping to produce a short film and a display of the parish history as part of our celebrations this year so we would be grateful if you could let us see photographs or other records of your family's association with the church. If you would be willing to talk on camera for the film about your memories, please let us know. If you are a newer member of the parish, it would be good if you could add your thoughts about St Kentigern's in the present day. For more information you can talk to Marlene McCallum, Bert Demarco, Geraldine Donoghue, Beth Macleod, Steve Donegan or email [marlenemccallum9@gmail.com](mailto:marlenemccallum9@gmail.com)

**MASS FOR HEALING ST JOHN'S AND ST KENTIGERN'S SATURDAY 18TH JULY:** There will be a mass for parishioners from both parishes who wish to receive Sacrament of Healing especially the sick and housebound in St Kentigern's Church on **Saturday 18th July at 11am** followed by reception in St Kentigern's church hall.

**ST KENTIGERN'S MONTHLY COMMUNITY LUNCH** – Tuesday 7th July, 12.30 pm – 2.00pm in the Parish Hall. It's a great opportunity to meet and socialise over soup, sandwiches, cake and refreshments (and there is a free raffle too!). Suggested donation £3.00.

**ST JOHN THE BAPTIST'S ST VINCENT DE PAUL PARISH OUTING FOR SENIOR CITIZENS FOR BOTH CHURCHES. SAVE THE DATE.:** We are once again going to have a bus outing to Peebles for High Tea at the Green Tree Hotel on Sunday 20th September leaving from Magnet on St John's Road at 1pm. Signup sheets and other information will be left at St John's and St Kentigern's nearer the time. Please think about putting the date in your diary for what is always a very enjoyable experience.

**BRECBANNOCH PILGRIMAGE 2026:** A pilgrimage to pray for the renewal of the Faith in Scotland, from 31 July to 3 August, with a walk across the Isle of Mull, returning the relics of St Columba to Iona. Discounts are available for students and under-22s, and under-5s go free. Visit [brecbannoch.co.uk](http://brecbannoch.co.uk)

The Music group in St Kents is still looking for new members, in particular anyone who can accompany the hymn singing at 9.30 Mass on some Sundays. If you would like to know more please speak to one of us after Mass. – Music Ministry

**60<sup>TH</sup> ANNIVERSARY OF ST KENTIGERN'S CHURCH:** on Friday **the 18<sup>th</sup> September** – Mass will be celebrated by the Archbishop at 7.00pm followed by a get together – details will follow

**FEEL CALLED TO THE PRIESTHOOD?** If you have been wondering whether God could be calling you to become a priest, you are not alone. If you are considering this call, take that step and get in touch today. Contact our Vocations Director at [FRPATRICK.BURKE@STANED.ORG.UK](mailto:FRPATRICK.BURKE@STANED.ORG.UK). Come and see where the Lord may be leading you.

**VISIT OF RELICS OF ST GERARD MAJELLA:** The relics of St Gerard Majella will be at St Patrick's Church, The Cowgate, Edinburgh, on Saturday 18 July. Entrance of the relics at 10:00am with devotions and talk, Exposition of Blessed Sacrament at 11:30am. Mass at 12:30pm followed by blessings with the relics.

**PILGRIMAGE TO GLASGOW CATHEDRAL:** It is fitting that we make a Parish Pilgrimage to the Tomb of St Kentigern (St Mungo), at the Glasgow Cathedral during the Anniversary Year – Please do let us know whether you would like to be part of this as soon as possible (before the 20th of JULY) to allow us to book the coach and decide the date! Signing sheets are available at the entrance of the Church.

**DONATIONS:** As part of our Diamond Anniversary, we would like to renew/upgrade our liturgical articles, such as – Liturgical Vestments, Chalice, patterns, cruets, altar cloths, candle sticks, etc. ...it's an opportunity for you to contribute financially or/and to sponsor one or more items. Please speak to Fr. Binu or Rita /Anne at the Sacristy.

**HOUSE MASSES:** Once in a Month I am offering a House Mass, if you want a Mass to be celebrated in your home, please do let me know. First preference is for the housebound, elderly and sick.