

14th Sunday Ordinary Time, Year – A

05 July 2026

First Reading Zechariah 9:9-10

‘Behold, your king is coming to you, humble.’

Thus says the Lord:

Rejoice greatly, O daughter of Sion!

Shout aloud, O daughter of Jerusalem!

Behold, your king is coming to you;
righteous and having salvation is he,
humble and mounted on a donkey,
on a colt, the foal of a donkey.

I will cut off the chariot from Ephraim
and the war horse from Jerusalem;
and the battle bow shall be cut off,
and he shall speak peace to the nations;
his rule shall be from sea to sea,
and from the River to the ends of the
earth.

The Word of the Lord

Responsorial Psalm

Ps 145(144):1-2. 8-9. 10-11. 13c-14. **R** cf. 1

I will bless your name for ever, my God and king.

I will extol you, my God and king,
and bless your name for ever and ever.
I will bless you day after day,
and praise your name for ever and ever.

I will bless your name for ever, my God and king.

The LORD is kind and full of compassion,
slow to anger, abounding in mercy.
How good is the LORD to all,
compassionate to all his creatures.

I will bless your name for ever, my God and king.

All your works shall thank you, O LORD,
and all your faithful ones bless you.
They shall speak of the glory of your reign,
and declare your mighty deeds.

I will bless your name for ever, my God and king.

The LORD is faithful in all his words,
and holy in all his deeds.
The LORD supports all who fall,
and raises up all who are bowed down.

I will bless your name for ever, my God and king.

Second Reading Romans 8:9, 11-13

*‘If by the Spirit you put to death the deeds of the
body, you will live.’*

Brothers and Sisters: You are not in the
flesh but in the Spirit, if in fact the Spirit
of God dwells in you. Anyone who does
not have the Spirit of Christ does not
belong to him. If the Spirit of him who
raised Jesus from the dead dwells in you,

he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

The Word of the Lord

Gospel Acclamation
Cf. Matthew 11:25

Alleluia, alleluia.

I thank you, Father, Lord of heaven and earth,
you have revealed the secrets of the kingdom to little children.

Alleluia.

Gospel Matthew 11:25-30

'I am gentle and lowly in heart.'

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son

and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

The Gospel of the Lord

Prayer for Vocations

Heavenly Father,
in your mercy you give to your
people every good gift.
We turn to you in faith,
asking that you bless our
Archdiocese with vocations
to the priesthood and religious life.
Inspire us with your Holy Spirit
to help young men and women
hear your call and respond
with joyful hearts.
Bless our young people with
the gift of courage to respond
to your call.
Through Christ our Lord.
Amen.